PRINCIPAL’S MESSAGE
Quality Teachers making a difference

This week at Allambie Heights Public School we are celebrating National Science Week. Today, all students have enjoyed a Science show with ‘Fizzics Education’. Over the week, parents are welcome to join us for open classrooms as students investigate, discover and explore different scientific ideas. Detailed information in regards to dates and times was emailed home to all families last Tuesday. As Albert Einstein wisely once said, “The process of scientific discovery is, in effect, a continual flight”.

On Saturday 24 August our Eisteddfod dance group will be competing at the Ryde Eisteddfod. To Mrs Dewey and all our dancers, our school wishes you the best of luck!

On Sunday 25 August 2013, our school Tournament of the Minds team will be competing in the regional competition at PLC Pymble. Under the guidance of Mari Elliott and Monika Johnston, the team of six has been working extremely hard over the past six weeks to prepare for this highly regarded competition. To our TOM team – Isabelle F, Ingrid F, Lily Mc, Jarred W, Megan T and Bishoy I – our school wishes you the best of luck for Sunday!

Providing opportunities for all
A flyer was emailed home to all families last Tuesday detailing information about the Australian Girls Choir. Interested girls in year 1 – year 6 are invited to attend an assessment workshop being held at our school on Wednesday 28 August 2013 at 1.00pm. Further information is available in the office.

Your community school
Our school community sends our deepest sympathies to the Geddes family following the recent loss of Jenny. Jenny was the mother of Luke (year 6 2012) and Matthew (year 6 2006) and a much valued member of our Allambie community. My thanks to our school community for their constant support of Craig, Luke and Matthew during this difficult time.

Congratulations to Craig Mitchell, his wife Eliza and big sister Maddison on the safe arrival of their beautiful son and brother, Robbie. It was lovely to see Mr Mitchell back at school this week after such an exciting and busy few weeks at home with the new baby.

As we approach Father’s Day on Sunday 1 September 2013, I would like to take this opportunity to wish all the dads in our community all the best for a wonderful day – a day to celebrate and acknowledge the important role all dads play in our lives.
In the words of Jim Valvano…

“My father gave me the greatest gift anyone could give another person, he believed in me”.

Angela Helsloot, Principal

CALENDAR

Week 6
Tuesday 20 August
Thursday 22 August

P&C Meeting - Library 7:30pm
Father’s Day Stall

Week 7
Wednesday 28 August
Thursday 29 August
Friday 30 August

Australian Girls’ Choir
Zone Athletics Carnival
Disco year 3-6

Week 8
Monday 2 September
Tuesday 3 September
Sunday 8 September

Musica Viva K-6
Year 4 Zoo Snooze
Year 4 Zoo Snooze
Spring Fun Fair
COMMUNITY BUSINESS DIRECTORY
The Allambie Heights Public School Community Business Directory can be located on our school website. Please use the links in the directory to view the businesses. For more information on how to advertise in the Community Business Directory please email allambieht-p.school@det.nsw.edu.au.

Please use the following link to view the Community Business Directory:

OUR SCHOOL WEBSITE
Our school website is kept up to date and current with information about what is happening at school. The photo gallery page, which can be found on the home page of the website, displays photos of activities, events and excursions which have taken place at school.

- The calendar page has all dates of activities and excursions listed for the year. Click on this link: http://www.allambieht-p.schools.nsw.edu.au/calendar
- The Uniform Price List & Order Form for 2013 has been uploaded to the website. Click on this link: http://www.allambieht-p.schools.nsw.edu.au/documents/14726881/14733364/Uniform%20shop%20order%20form%20june%202013.pdf
- Book Week photos have been uploaded to the Gallery Page of the website. Click on this link: http://www.allambieht-p.schools.nsw.edu.au/gallery/book-week
- Warringah Council visit photos have been uploaded to the Gallery Page of the website. Click on this link: http://www.allambieht-p.schools.nsw.edu.au/gallery/warringah-council-visit
- Year 3 Zoo Snooze photos have been uploaded to the Gallery Page of the website. Click on this link: http://www.allambieht-p.schools.nsw.edu.au/gallery/year-3-zoo-snooze
- The Canteen Menu for Term 3 has been uploaded to the website. Click on this link: http://www.allambieht-p.schools.nsw.edu.au/documents/14726881/14733364/Winter%20Menu%20T3%202013.pdf

CRUNCH & SIP
Help! My child won't eat fruit or veg!
Children can often be fussy about eating fruit and vegetables. Did you know that children have to be offered a food up to 10 times before they will accept and eat it? Perseverance is the key!

Why not try sneaking fruit into a favourite dessert (for example canned peaches in jelly), or grate some vegetables into a meal (such as grated carrot and zucchini into Bolognese sauce)?

Or take your child to the supermarket to pick their own sweet, crisp and delicious fruit or vegetables. They are more likely to eat them if they are involved in selecting them.

Crunch & Sip can help encourage children to eat fruit and vegetables. When children see their peers enjoying fruit and vegetables in class, they are more likely to eat them too.

Crunch & Sip happens in our school each day. Make sure you send fruit or salad vegetables and water to school with your child for Crunch & Sip.

RECORDER INFORMATION FOR YEAR 1 & 2
Students in year 1 and year 2 will begin recorder tutoring in their music lessons towards the end of this term. Could you please ensure that the recorders you provide are clearly labelled with your child’s name and brought to school in week 8 on the day your child has their music lesson.

PSSA REPORT
Well done Allambie Senior A’s for a fantastic game. We won 17—9 against Forest. The player of the match was Isabel F. Well done. By Kayla, Lily & Mackenzie
**AWARD RECIPIENTS TERM 3 WEEK 4**

### BRONZE AWARDS

<table>
<thead>
<tr>
<th>KL</th>
<th>Kiara B</th>
<th>Harry N</th>
<th>Serin K</th>
<th>Hunter D</th>
<th>Serin K</th>
</tr>
</thead>
<tbody>
<tr>
<td>KM</td>
<td>Branwen P</td>
<td>Connor B</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>KK</td>
<td>Freya B</td>
<td>Lucien B</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>KC</td>
<td>Angus G</td>
<td>Kate G</td>
<td>Sybella W</td>
<td>Jack D</td>
<td></td>
</tr>
<tr>
<td>1C</td>
<td>Tia B</td>
<td>Sam G</td>
<td>Tara H</td>
<td>Lola U</td>
<td>Lachlan M</td>
</tr>
<tr>
<td>1K</td>
<td>Riley N</td>
<td>Emma H</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>1M</td>
<td>Ella A</td>
<td>Nathaniel K</td>
<td>Alec B</td>
<td>Charlotte B</td>
<td>Charlie S</td>
</tr>
<tr>
<td>1/2R</td>
<td>Ned J</td>
<td>Lucy J</td>
<td>Emily D</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2P</td>
<td>Toby J</td>
<td>Georgia A</td>
<td>Hannah M</td>
<td>Lachie R</td>
<td>Heath B</td>
</tr>
<tr>
<td>2F</td>
<td>Raphael P</td>
<td>Madeleine H</td>
<td>Cooper C</td>
<td>Bilge K</td>
<td></td>
</tr>
<tr>
<td>3P</td>
<td>Ziv P</td>
<td>Lara M</td>
<td>Hannah M</td>
<td>Brodie T</td>
<td>Oliver C</td>
</tr>
<tr>
<td>3M</td>
<td>Amelia T</td>
<td>Darcy B</td>
<td>Rowan B</td>
<td>Isabel P</td>
<td>Riley D</td>
</tr>
<tr>
<td>Stella B</td>
<td>Freya G</td>
<td>Dimitri C</td>
<td>Liam W</td>
<td>Mitchell D</td>
<td>Dimitri C</td>
</tr>
</tbody>
</table>

### SILVER AWARDS

<table>
<thead>
<tr>
<th>Paddy S</th>
<th>Lucy G</th>
<th>Jack V</th>
<th>Kate G</th>
<th>Willow M</th>
<th>Jacob S</th>
<th>Ella A</th>
</tr>
</thead>
<tbody>
<tr>
<td>Angus G</td>
<td>Leyla B</td>
<td>Chloe W</td>
<td>Lily F</td>
<td>Rory H</td>
<td>Amy T</td>
<td>Claudia N x 2</td>
</tr>
<tr>
<td>Luca B</td>
<td>Ziv P</td>
<td>Cheyenne H</td>
<td>Marco T x 3</td>
<td>Georgia H</td>
<td>Ingrid F</td>
<td>Charlie B</td>
</tr>
<tr>
<td>Lachlan F</td>
<td>Jack R</td>
<td>Giovanna L x 2</td>
<td></td>
<td></td>
<td></td>
<td>Hayden P</td>
</tr>
</tbody>
</table>

### GOLD AWARDS

| Bishoy I | Sam T | Charlie B | Boula I | Harry R | Nicholas R | Archie H |

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**CONGRATULATIONS CHARLIE**

Charlie runs City2Surf and raises nearly $1,000 for Stewart House

Thanks to all in the team for sponsoring Charlie – he completed the City2Surf in 88mins and loved every one of the 14kms. It’s not too late if you would still like to donate. Check out the photo from the start line [https://city2surf2013.everydayhero.com/au/charlie-4](https://city2surf2013.everydayhero.com/au/charlie-4)

**SCHOOL BANKING DAY REMINDER**

Don’t forget that **Wednesday** is School Banking day and students should bring in their weekly deposit. The students give their wallets to their teachers in the morning and it is sent to the School Banking co-ordinators for processing.
PREMIER READING CHALLENGE

Has your child finished the NSW Premier Reading Challenge?
There is only 2 weeks left to finish. All children from years 3-6 have been busy adding their books to the list. Some children only have a few books to add. If your child has not finished could you please assist them in adding the final books to their list. They can add the books that they have read for the Club 25.

Go to the Premier’s Reading Challenge website at:  

Thank you to those students that are also adding these books to the MS Readathon. You are doing an amazing job.

BOOK WEEK
Thanks to all the parents, staff and children for helping to make Book Week 2013 lots of fun. The Book Fair was a great success and to quote one parent, “It was as busy as the show bag pavilion at the Easter show.” The books donated to the library by parents and staff is much appreciated.

Thank you to parents for your efforts in preparing costumes for the Book Character Parade. The children looked “out of this world!”

Catherine Lindsay and Sue Greenfield, Teacher Librarians

FATHER’S DAY STALL THIS THURSDAY
A Father’s Day Stall will be held at school. Each class will visit the stall to choose their special gift/s. The organisers take note of gifts purchased by siblings so the same gift wont be purchased twice in a family. A note has been sent home with each child. Please complete the note and send it back to the office.

When: Thursday 22 August 2013
Where: School grounds
Cost: $5.00 per gift
The theme for Book Week this year is "Read Across the Universe". At Allambie Heights we blasted into Book Week with a variety of book related activities. Students enjoyed a performance called "Space Jump", participated in a Book Character Parade and classrooms were open for parents to visit.
Stage 2 students visited Warringah Council as part of the Local Government Week. This visit linked to a study of Local Government which will take place in term 4. Students had the opportunity to take part in a mock council debate. The issue being debated was “Whether dogs should be allowed on our beaches.”
On Tuesday August 13 and Wednesday August 14 year 3 went on an overnight excursion to Taronga Zoo. We arrived at about 6:00pm and had dinner. Following this we went on a night walk around the zoo. Then we got to meet some reptiles up close. Next it was time for bed. In the morning we had breakfast, followed by a behind the scenes visit to some of the animal enclosures. Then we spent the rest of the day touring the zoo.
SNACK SHACK NEWS

- Congratulations to our Volunteer of the Month for the end of last term – Sandra B. Please drop by the Snack Shack to collect a small recognition gift.
- We have recently made some small changes to our existing menu. Hard copies of the menu can be obtained from the Snack Shack, school office and on our school website. Click on this link: [http://www.allambieht-p.schools.nsw.edu.au/documents/14726881/14733364/Winter%20Menu%20T3%20202013.pdf](http://www.allambieht-p.schools.nsw.edu.au/documents/14726881/14733364/Winter%20Menu%20T3%20202013.pdf)

Did you know?
- To minimise wastage we stock limited quantities of over the counter items. This means that on some days children may need to change their choice when purchasing snacks and treats over the counter. If you want to ensure specific items, you can order recess items on-line, including all the packaged items as well as toasted English muffins, raisin toast, large fruit muffins, rice crackers and cheese and fruit salad cups.
- Please note that recess orders are on-line only and under a separate order to lunch.
- Queries regarding pricing, daily specials and stock availability can all be answered easily by ordering on-line at [www.flexischools.com.au](http://www.flexischools.com.au) where the menu is always current and updated regularly.
- Daily specials are also noted on the blackboard outside the Snack Shack for your ease of reference.

Snack Shack Roster, Term 3
Dates when we are looking for volunteers:

**Wednesday:** 21 August 2013

**Thursdays:** 29 August 2013 – 3 volunteers for 1 ½ hours Zone Carnival & 1 volunteer from 11:00am – 2:00pm

Lisa: 0409 994 809 / ahpscanteen@gmail.com

<table>
<thead>
<tr>
<th>Week 6</th>
<th>Wednesday</th>
<th>21/8</th>
<th>Deanne H</th>
<th>9:00am – 11:00am</th>
<th>Emma D</th>
<th>from 11:00am</th>
<th>Ann K</th>
<th>11:00am – 2:00pm</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Thursday</td>
<td>22/8</td>
<td>Bridget B</td>
<td></td>
<td>Nicole B</td>
<td></td>
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<tr>
<td></td>
<td>Friday</td>
<td>23/8</td>
<td>Sarah K</td>
<td></td>
<td>Tania P</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Week 7</td>
<td>Monday</td>
<td>26/8</td>
<td>Renee J</td>
<td></td>
<td>Lynn M</td>
<td></td>
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<tr>
<td></td>
<td>Tuesday</td>
<td>27/8</td>
<td>Jo S</td>
<td>from 11:00am</td>
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<tr>
<td></td>
<td>Wednesday</td>
<td>28/8</td>
<td>Jane C</td>
<td></td>
<td>Donna L</td>
<td></td>
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<tr>
<td></td>
<td>Thursday</td>
<td>29/8</td>
<td>Karen F</td>
<td></td>
<td>Deborah E</td>
<td>from 11:00am</td>
<td>zone carnival caterers</td>
<td>9:00am -11:00am</td>
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<tr>
<td></td>
<td>Friday</td>
<td>30/8</td>
<td>MJ</td>
<td></td>
<td>Sarah McK</td>
<td></td>
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</tr>
<tr>
<td>Week 8</td>
<td>Monday</td>
<td>2/9</td>
<td>Skye C</td>
<td></td>
<td>Paula C</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>Tuesday</td>
<td>3/9</td>
<td>Lindsay B</td>
<td>11:00am – 2:00pm</td>
<td></td>
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<td></td>
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<tr>
<td></td>
<td>Wednesday</td>
<td>4/9</td>
<td>Charlene F</td>
<td>9:00am – 12:00pm</td>
<td>Bella WM</td>
<td>from 12:00pm</td>
<td>Fiona V</td>
<td>from 12:00pm</td>
</tr>
<tr>
<td></td>
<td>Thursday</td>
<td>5/9</td>
<td>Josephine G</td>
<td>(may leave early)</td>
<td>Rebecca C</td>
<td></td>
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<tr>
<td></td>
<td>Friday</td>
<td>6/9</td>
<td>Yuko</td>
<td></td>
<td>Mika</td>
<td>Sachi</td>
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BAND NEWS

**Training Band playing at Assembly this Friday—23 August 2013**
The Training Band will be playing at our school assembly this Friday at 2:00pm. Students will need to bring their instrument on Friday, so please put a note in your diary. Parents are most welcome to attend.

**Band Fees**
For those paying their band fees in 2 instalments the final one is now overdue (the final instalment was due by 15 August 2013). Please see email sent for direct debit details.

**Upcoming Events**

**Term 3 - Spring Fun Fair:** Both bands will be performing on the morning of the Spring Fun Fair - Sunday 8 September 2013. Assistance will be required on the morning. Details will be provided in the next Grapevine newsletter.

**Term 4 - Allambie Bands in Concert:** Both bands will be performing on Friday 15 November 2013 in the evening. Please put these dates into your diary.
SPRING FUN FAIR
It is now less that three weeks till the Spacetacular Spring Fun Fair. The committee would like to say a massive thank you to everyone who has offered their time and support so far.

We know a lot of information has been coming home regarding the fair, so we just wanted to remind you of some key things:

RAFFLE TICKETS
Thanks to those families who have already returned their raffle tickets. These can be brought back on Mondays and Thursdays before the school bell to outside the canteen, where kids can collect a prize for a fully sold book. Tickets can also be returned at any time to the office. There are great prizes up for grabs in the draws as well! Get your sold raffle tickets back by this Friday to go in the Early Bird draw for a Fair Wristband. There is also a major prize draw for sessions at Gromtown Skateboard School.

JAM COMPETITION
Entry forms must be returned to the office by this Friday 23 August 2013. Your entries are not required till the week before the fair - so why not just choose what you plan to make and get those entries in. Remember it can be a jam, chutney or sauce - get those creative cooking juices flowing! Entry forms went home with each family and a copy has been emailed with this Grapevine email.

SPACE PASSPORTS
To replace the old loot money, this year 'Space Passports' can be purchased to be used at all the stalls at the fair. You can buy $10 or $20 passports. Rather than handing over tokens, kids will have their passports stamped depending on the cost of each stall (each stamp is equivalent to $1). This will reduce the paper waste on the day and also help with the accounting processes.

PRE-ORDERING WRISTBANDS AND PASSPORTS
Attached to your Grapevine email is a pre-order form for wristbands and passports. A form will also be coming home with each family. Fill it in and return it to the office. Pre-order to avoid queuing on the day, save money on your wristbands and cut down the cash on the day. You can also order via the Flexischools website www.flexischools.com.au
There are two prices for wristbands this year: $27.00 for school age kids ($30.00 on the day), and $12.00 for preschool aged kids ($15.00 on the day). All ordered items will be available for collection outside the canteen after school on Monday, Wednesday and Friday the week prior to the fair.

BOOKSTALL COLLECTIONS
All books need to be delivered to the girls change room underneath the school hall stage. Access is via the lower side red door, near the black security gates, opposite the year 5/6 building. Collection days are Monday, Wednesday and Friday at 8:45am to 9:15am. Please do not bring games. We will only accept good quality books and dvds.

CAKE STALL
We need your help to make the Spring Fun Fair sweet. This year 6B is organising the Cake Stall and we need all the cakes, biscuits, slices and other delicious delights possible. Plates will be sent home in the coming weeks and you need to bring your plate of goodies to the Cake Stall on Spring Fun Fair day. So get your aprons on and cookbooks out and get ready to cook up a storm.
MIMOSA PUBLIC SCHOOL FIREWORKS SPECTACULAR
Saturday 31 August 2013 at Frenchs Forest Showground Blackbutts Road, Frenchs Forest from 2:00pm till 9:00pm. The fireworks will be at 7:30pm. Free entry for pre-schoolers, $8.00 per person, $25.00 for a family of 4 and $5.00 per senior. Book on line at www.trybooking.com/56251.

NORTH STEYNE NIPPERS
North Steyne Nippers invite boys and girls aged 5 -14 years to join for the upcoming season. The emphasis is on FUN and education and includes activities such as beach sprints and flag races, wading, swimming, board paddling and other novelty events. Registration days will be held on Sunday 8 September 2013 and Sunday 15 September 2013 between 9:00am and noon at North Steyne Surf Club (we are the middle surf club on the stretch of beach at Manly). If registering for the first time, please bring your child’s birth certificate. For more information please call Chris Dooley on 0433 648 615.

MANLY YOUNG ARTISTS EXHIBITION
Children aged 5 to 16 can enter the annual Manly Young Artists Exhibition, now in its sixth year. Children enter by attending one of 10 weekend workshops with Brush Art 4 Kids, in Brookvale, starting September. Entrants are required to paint a free choice canvas in 3 ½ hours to have their work hung in the exhibition in late November. For workshop details and bookings call Daphne on 0409 569 483 or visit www.brushart4kids.com.au.

AFL FAMILY FUN DAY
Sunday 22 September 2013 from 1:30pm to 3:30pm at James Park, Palmerston Road, Hornsby. The day is free and bookings are essential. Please call Isabella on 0435 494 696 or email Tae.Kim@det.nsw.edu.au.

SYDNEY COASTREK 2014
Take the challenge in 2014 from 28 February to 1 March. 50km or 100km from Palm Beach to Coogee. Proudly supporting The Fred Hollows Foundation.

BEFORE SCHOOL CARE
A mature age local lady and previous Primary School teacher is available to care for your children before school.

- From 7:00am, then delivered to Allambie Heights Public School
- Breakfast included
- Drop off at local home on Allambie Road
- Extensive experience in child education and care
- References available
- Please phone Anna on 0407 100 170

RED CROSS BLOOD DONATIONS
Blood donations are needed at Warringah Mall on Friday 30 August 2013 from 9:00am - 2:40pm and Saturday 31 August 2013 from 9:00am - 2:40pm. Please call 13 14 95 or visit donateblood.com.au to book an appointment to donate blood.
Community Notices

Girls Night In

13.9.13
7pm - late
Dee Why RSL
WWW.TICKETBUD.COM
$35

Help Fight Women's Cancers

2013/2014 Season Registration Information

Twilight Girls Only Cricket

Inviting all interested girls cricketers aged between 6 and 12 to join a GIRLS ONLY twilight cricket team.

Cricket NSW are organising a girls only Twilight cricket competition and the Wakehurst Redbacks Cricket Club need only a few more girls to form their own team.

Details of the competition are as follows:

- U9 - U12 Girls Only competition
- 8 weeks, 26th October to 13th December, 2013
- Twilight Friday (5.30 – 7.00pm)
- Venue – TBC
- 2 x Pools of 4 teams (each pool plays at the same venue, each week)
- 8-a-side modified cricket; soft ball, no (or minimal) protective gear

For more information please see our website or contact Deanne Hutt via:
- Email: girls@wakehurstredbacks.com.au or
- Phone 0416 183 482

WANTED

Cricket Players to Win Back the Ashes in 2023!

Beacon Hill Cricket Club is looking for players in various age groups

- Jones, current U13 player, playing 6 years ago in Kangas
- Daniel, Beacon Hill Junior & Manly Warringah U14 player of the year, receiving award from MSK cricketer

We have teams for players ranging in age from 5 to 17

We also cover the Allambie area - we train at Beacon Hill and Allambie Oval

We play on Saturday mornings in the Manly Warringah competition

- Agus 5 to 8 (Kangas) play for 1½ hours
- U9’s and U11’s play for 2 hours
- U11’s and older play for 3 to 4 hours

Season starts on 7 September 2013 for U10 and up
U9’s start on 12 October, and Kangas start on 26 October.

PLEASE NOTE

Registration days have been held, and registrations must close on Friday 23 August for
U10 and up

Contact Peter Horton on 8854 5110, 0407 012 535, or peter.horton@bhllh.com to arrange registration or ask questions. Updated information may also be posted at