**PRINCIPAL’S MESSAGE**

**Meet the Teacher Evening**

We look forward to meeting many of our parents at our ‘Meet the Teacher’ evening being held tonight. All sessions will commence promptly in the hall and then move to classrooms. Each session will run for 45 minutes. Session times are as follows:

- Stage 3 (y5 & y6) – 5.45pm
- Early Stage 1 (Kindergarten) – 6.00pm
- Stage 2 (y3 & y4) – 6.30pm
- Stage 1 (y1 & y2) – 6.45pm

To coincide with this evening, class newsletters have been distributed today. Please take the time to peruse your child’s class newsletter so that any questions you may have can be answered this evening.

We request children be supervised off site for the duration of the visit as the school is unable to provide supervision for children left on the equipment or in the playground during this time.

Due to time constraints, our ‘Meet the Teacher Evening’ does not provide the opportunity for individual parent/teacher interviews. If you would like to make an appointment to see your child’s class teacher, please contact the school office on 9451 5440 and a suitable time will be arranged.

**Communication**

At Allambie Heights Public School, Tuesday is our ‘note day’. An email is sent to all families on a Tuesday afternoon containing a link to our school newsletter, “The Grapevine”. Notes for the week are also attached to this email. Notes requiring permission and/or payment are also sent home in hard copy. Printed copies of “The Grapevine” are also available in the office.

If you are not receiving this correspondence, please contact the office immediately so we can check the email address we have is correct. If at any time during the year your contact details change, please notify the office in writing.

Our school website is also a wonderful source of information about what is happening around our school. The school calendar on the website is updated weekly, so please take the time to have a look at what is coming up during the year by clicking [http://www.allambieht-p.schools.nsw.edu.au/calendar](http://www.allambieht-p.schools.nsw.edu.au/calendar)

Each even week Friday we hold our whole school assembly in the school hall. This assembly commences at 2.00pm and is a time where we come together to celebrate student achievement. As a part of our reward system, Bronze, Silver and Gold awards and School Medals are presented during our assembly. All parents are more than welcome to join us at our assembly.

**Discovery Trail**

What an exciting return to school to see the Discovery Trail ready for our community to use. It has certainly been a popular choice for play time fun by all students at recess and lunch. On behalf of the school community, a big thank you to the BOOST committee and the P and C for providing our school community with such a beautiful area to enjoy.

**Safety of our students**

**Bikes and scooters**

Many students ride their bike or scooter to school each day. It is important students and parents understand their responsibility to ensure this travel is carried out safely. More information can be found at:
NSW Centre for Road Safety, RTA: Information for parents and carers about safety on wheels – The law and safety advice for bicycles, foot scooters, skateboards and rollerblades at

Department of Education and Training: Riding a foot scooter, skateboard or rollerblades to and from school at

On arrival at school, all students travelling on a bike or scooter must disembark and walk their bike or scooter to the bike rack, located near the toilet block. For the safety of all in the playground, students are not permitted to ride their bike or scooter when entering or exiting the school grounds.

Playground

On arrival in the playground each morning, all students are to place their bags in their designated area and to walk to Playground North, where a teacher is on duty from 8.40am. Students are not permitted to play outside the Kindergarten classrooms or on the K-2 or 3-6 playground equipment during this time, even if their mum or dad is present.

Before the afternoon bell, many parents are allowing their toddlers to play on the 3-6 equipment, located outside the year 5 and year 6 classrooms. As you would understand, the noise this creates is disruptive to these classes. The teachers of these classes request that young children do not play on this equipment while class learning activities are still in progress. For the safety of these siblings, this equipment has been specifically designed for students in year 3 – year 6.

We thank you for co-operation in both these matters.

Parent volunteers in our school

The NSW Department of Education has brought in strict child protection guidelines for volunteers in schools. All parent and community volunteers must complete: ‘A Prohibited Declaration Form’ and ‘A Working with Children Identity Check Form’ (100 point check). If you wish to work in the school as a volunteer (canteen, band program, classroom helper, reading helpers etc) you must complete these 2 forms. The link below can be used to download the identity check form.


‘A Prohibited Declaration Form’ and explanations will be given out at ‘Meet the Teacher’ tonight. Examples of suitable identification are: Birth Certificates and current passports (100 points), driver photo licence (40 points), Medicare cards, current rates notice, lease/rent agreement, water, telephone and gas bills (25 points). I know these procedures are very time consuming but it is important to follow these guidelines put in place to keep our children safe. Once you have completed the ‘A Prohibited Declaration Form’, please bring this form to the office with your items for the 100 point check.

As a safety precaution when volunteering in the school, all volunteers must sign in and out at the front office. When signing in, please collect and wear a ‘volunteers’ badge and return your badge when signing out. In the case of an emergency, it is essential we know who is in the school grounds at all times.

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**CALENDAR**

<table>
<thead>
<tr>
<th>Week 3</th>
<th>Tuesday 12 February</th>
<th>Meet the Teacher Evening</th>
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<tr>
<td>Week 6</td>
<td>Monday 4 March</td>
<td>Leadership Camp</td>
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<td>Zone Swimming Carnival</td>
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<td></td>
<td>Tuesday 5 March</td>
<td>Leadership Camp</td>
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<td>Paul Kelly Cup year 5 &amp; 6</td>
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<td>Wednesday 6 March</td>
<td>Stage 1 Warriewood Wetlands excursion (2R, 2P &amp; 2F)</td>
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<td>Thursday 7 March</td>
<td>Stage 1 Warriewood Wetlands excursion (1R, 1M, 1C &amp; 1K)</td>
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<td>Week 7</td>
<td>Wednesday 13 March</td>
<td>The Forest High School Open Night</td>
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<td>Week 8</td>
<td>Monday 18 March</td>
<td>Sydney North Swimming Carnival</td>
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<td>The Forest High Meet the Principal</td>
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SCHOOL WEBSITE
Our school has a fantastic website which is updated weekly. Class newsletters will be uploaded to the website this week. Our school calendar has been updated with all the known dates for 2013. You can find the school website at www.allambieht-p.schools.nsw.edu.au

STUDENT BANKING
Welcome back to 2013 school banking. Banking will commence tomorrow Wednesday 13 February. For any enquiries or new students wishing to bank please contact me on 0416 203 872.

Mel Erskine, Parent

LITERACY WORKING BEE
Calling all year 1 and year 2 parents! Our Stage 1 teaching team have been busy in the holidays creating literacy resources for use in the classroom. We are now asking for parent helpers to help with laminating, cutting and sorting.

When: Friday 15 February at 9:20am – 11:10am
Where: Literacy Centre

If you are interested in helping, please let your classroom teacher know. Thank you from the Stage 1 teachers.

To the students, families and friends of the AHPS Community
I was totally overwhelmed by the good wishes, kind words, amazing songs and the most exquisite gift with which I was presented during the past few days of last year’s school year. Thank you all so much!

I have had a blessed career as a Music Teacher, doing three things that I love - teaching children, playing the piano and singing. It has been a joy to come to work and I have loved my job, and I thank both my colleagues and the school community for helping to make this so. It is not really "Goodbye" for as I continue to reside in the Allambie Heights community I do look forward to meeting up with you all from time to time.

I send you all my thanks and love, with wishes for a safe and happy 2013.

Musically yours, Deirdre Dundas

CONGRATULATIONS HOLLIE
Hollie in year 5 competed in the National titles for sailing (novice division) and in what was her first year of skippering the boat, she and her crew Lia came runners up. Congratulations Hollie—what a great achievement!

PARENT CONTACT INFORMATION
If you have changed your contact details over the Christmas holiday period please advise the office so records can be updated. In particular, it is very important we have current mobile telephone numbers to contact you in an emergency.

GRAPEVINE BY EMAIL
The Grapevine is our weekly school newsletter which is sent home via email each Tuesday. Please ensure that the office has your correct email address details. You can also collect a paper copy from the office or download a copy from the school website at www.allambieht-p.schools@det.nsw.edu.au
LOST PROPERTY
To minimise the amount of lost property in the school it would be greatly appreciated if all items of clothing, lunch boxes and drinks bottles could be clearly named. If found such items can then easily be returned to the student via the classroom. Items of lost property which are not named are kept in the office for a period of time. If they are not claimed by the end of the term they are donated to charity. There are some unnamed items of lost property left at the swimming carnival. These items can be collected from the office.

THE FOREST HIGH SCHOOL GATS (GENERAL ACHIEVEMENT) TEST
The Test will be held on Saturday 16 March from 9:00am to 11:30am in the school hall. Students wishing to be placed in our Gifted and Talented class for Year 7 2014 must first sit for this test. The cost of the test is $20.00 payable on the day. If you would like your child to sit for this test please ring The Forest High School on 9451 5111 and register your child’s details. Please register before Friday 8 March.

NORTHERN BEACHES SECONDARY COLLEGE OPEN DAYS 2013
Balgowlah Boys Campus:  Open Day  Tuesday 26 February 9:30am-11:30am
Information Night  Wednesday 27 February 6:30pm-7:30pm
Enquiries  9949 4200

Mackellar Girls Campus  Open Day  Tuesday 26 February 9:30am-11:30am
Information Night  Thursday 28 February 6:30pm-7:30pm
Enquiries  9949 2083

Manly Selective Campus  Open Day  Thursday 28 February 9:30pm-11:00am
Enquiries  9905 3982

Cromer Campus  Open Day  Monday 4 March 1:30pm-7:30pm
Enquiries  9981 1155

Freshwater Senior Campus  Open Day  Tuesday 5 March 4:00pm-7:00pm
Enquiries  9905 2634

Freshwater Senior Open Day  Tuesday 21 May 3:00pm-5:00pm
BAND NEWS
Welcome back to a new school year. We are very excited about the year ahead and wish all the children well in their music endeavours during the year.

Rehearsals
Training Band: Rehearsals from now on are held Tuesday and Thursday mornings from 7.45am - 9.00am.

Concert Band: Rehearsals are held Monday and Wednesday mornings from 7:45am-9:00am.

All parents have been emailed regarding the parent roster. If you did not receive this email please contact me on ahpsband@gmail.com

Tutor List
The tutor list has been updated to include some more names. Please refer to the school website at http://www.allambieht-p.schools.nsw.edu.au (under curriculum/arts/band/band notes). If you have tried all names with no success please see Ms Wells (conductor) after rehearsals and we'll try our best to source some more teachers. If you use a tutor who is not on our list and they would like to be on our list, please let us know on the above email address.

Band Camp
Band Camp information and permission notes were sent home last week.

If your child did not receive a note please email me at ahpsband@gmail.com.

Permission notes together with payment need to be returned to the office by Friday 22 February. Credit card forms are available at the office.

New students at AHPS
If there are any new students in years 3-6 interested in joining the band please email me at ahpsband@gmail.com. If you are new to a band you will need to have an instrument test to ascertain which instrument you are best suited to. Some instrument allocations in the training band are full but many are still available. If you are interested in the band please read the band handbook on the school website.

Band Fees
Band invoices will be emailed in due course.

Band Rosters
<table>
<thead>
<tr>
<th>Training Band Roster</th>
<th>Concert Band Roster</th>
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<tbody>
<tr>
<td>Tuesday 19 February</td>
<td>Davis</td>
</tr>
<tr>
<td>Thursday 21 February</td>
<td>Green</td>
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<tr>
<td>Wednesday 13 February</td>
<td>Beukers</td>
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<tr>
<td>Monday 18 February</td>
<td>Fernie</td>
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SNACK SHACK NEWS
Welcome to the Allambie Heights School Snack Shack. We look forward to serving your children.
At Allambie we do our lunch ordering on line at www.flexischools.com.au. Existing families please log on to your Flexischools account and ensure you change your child’s class for the new year.
The Snack Shack 2013 Menu can be accessed once you have logged on to the Flexischools website. A paper copy is also available from the school office or can be downloaded from the school website at www.allambieht-p.schools@det.nsw.edu.au.
In line with Fresh Tastes @ Schools policies we will continue to prepare fresh homemade daily specials available with either nuggets or pies. Treat Day Friday allows both nuggets and pies as well as a freshly made daily special. Tuesdays is our Summer Wrap Pack special.

Recess Orders
Please remind your child to come to the Snack Shack to collect their recess orders. Lunch orders are delivered to the children in their class box.

Please visit Lisa in the Snack Shack if you have any queries about counter service or lunch ordering for your child. The best time for Lisa to answer queries is on a Monday or Tuesday morning. If there is enough interest we may hold a brief, (half hour), information talk at the Snack Shack for new families who wish to know more about lunch ordering. This will most likely be held on a Tuesday morning after drop off. Please register your interest with Lisa by text on 0409 994 809 or email ahpscanteen@gmail.com.

Laminated Collection Strips – no longer in use.
We previously used laminated strips with orders from the Snack Shack for certain items for which children were required to come to the canteen to collect. Examples of these were frozen treats and rice cups. We will be trialling a new system this term. As all items are printed out on a label for each lunch bag your child need only bring their lunch bag to the Snack Shack window to collect any of these items. The lunch item will then either be crossed off the bag or the bag kept by Lisa or the volunteers.

Please remember to check The Grapevine each week. All Snack Shack news (other than an occasional Facebook updates), such as roster details, menu updates and meal deal information will be communicated in The Grapevine.

SNACK SHACK ROSTER

<table>
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<tr>
<th>Week</th>
<th>Day</th>
<th>Date</th>
<th>Roster</th>
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<tr>
<td>Week 3</td>
<td>Wednesday</td>
<td>13 February</td>
<td>Jessi R, Vanessa I</td>
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<td></td>
<td>Thursday</td>
<td>14 February</td>
<td>2 volunteers needed please</td>
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<td></td>
<td>Friday</td>
<td>15 February</td>
<td>Yuko H, Kazu M, Mika T, Sachiko W</td>
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<tr>
<td>Week 4</td>
<td>Monday</td>
<td>18 February</td>
<td>Nicole W, Louise S-S</td>
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<td></td>
<td>Tuesday</td>
<td>19 February</td>
<td>1 volunteer needed 11:00 am – 1:30 pm</td>
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<tr>
<td></td>
<td>Thursday</td>
<td>21 February</td>
<td>1 volunteer needed please</td>
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Please contact Lisa if you can volunteer in the Snack Shack on Thursday 14 or Tuesday 19 February

Lisa 0409 994 809 / ahpscanteen@gmail.com

YOGA FOR KIDS
Nathalie Bensaid has brought her Yoga for Kids program to Allambie Heights for after school in Term 1. Nathalie is a qualified Yoga and Kids Yoga teacher as well as a NSW PE and school teacher. Nathalie just returned from competing in the National Yoga Asana Championships in Melbourne as well.

The Yoga for Kids program is based on developing students body awareness, breathing techniques, fitness, concentration and relaxation. Yoga is designed to be fun and playful to keep kids coming back for more and at the same time teach them the fundamentals of yoga and the benefits that accompany it. The course is able to be joined at any time during the term but for full results and in fairness to other student’s progress, participation in the whole term’s course is recommended.

Kids Yoga starts at Allambie on Monday 18 February. It will be held in the school hall from 3.20pm to 4.20pm. The cost is $15.00 per class or $100.00 for the term and can be paid to Nathalie via cash or cheque on the day. Students should wear casual sports gear and bring a towel. No shoes in class. Bring your own mat or rent for the term for an extra $20.00.
FUN & CREATIVE WEEKLY ART CLASSES AT AHPS
Classes will be held in the AHPS art room on a Tuesday and Thursday from 3:30pm to 5:00pm. You can join anytime. The cost is $234.00 for the 9 week term. All materials are supplied. There are only 2 spots left for the Tuesday class and we are now taking bookings for the Thursday class. Contact Daphne on 0409 569 493 or email daphne.katos@bigpond.com or visit brushart4kids.com.au. Enrolment forms can be obtained from the school office.

LIFELINE NORTHERN BEACHES BOOK FAIR
Lifeline are holding a Book Fair to raise funds for their counselling services and community support programs.
When:  
- Friday 22 February 2:00pm—9:00pm
- Saturday 23 February 9:00am—5:00pm
- Sunday 24 February 9:00am—2:00pm
Where:  
- Ted Blackwood Hall, Corner Jacksons and Boondah Roads, Warriewood
Entry by gold coin donation is appreciated.

EXPERIENCE THE JOY OF HOSTING—WEP
World Education Program (WEP) is inviting you to experience another culture in your own home by becoming a volunteer host family to one of our international students arriving in July 2013. For more information contact Sylvia Kelly on 1300 884 733 or email: info@wep.org.au or www.wep.org.au

MULTI SPORTS PROGRAM FOR 2.5-5 YEAR OLDS
Learn 8 different sports—tennis, golf, rugby, basketball, soccer, cricket, t-ball and hockey. Enhance basic ball skills, learn important fundamentals of each sport, improve sportsmanship and teamwork, classes are held indoors at Forestville and Warriewood. Phone: 0411 526 472 or www.sportylittlemunchkins.com.au

MANLY VALE FOOTBALL CLUB
We welcome new and returning players to the Club for the 2013 season. There has been a price freeze so registrations for the 2013 season are at 2012 prices. Register online at www.manlyvalefc.com.au or contact tom Miles on 0409 778 667.

BALGOWLAH PHYSIE CLUB
Dance and exercise for all ages. Builds confidence, improves fitness and is lots of fun! For more information contact Belinda on 0410 490 511 or visit www.balgorlahphysie.com. The first 2 lessons are obligation free.

MUSICAL CHAIRS
Join us for a 3-in-1 combination of singing, dancing and drama in one fun afternoon. Three teachers for the three disciplines across 2 hours. Held Thursdays 3:40pm—5:45pm at Freshwater SLSC for students in years 1-6. As well as having a great time with friends, wonderful for confidence and presentation skills. Trial for $22.00 prior to committing. Contact Katie on 9939 08741 or 0432 451 784 or visit www.musicalchairscompany.com.au for further information.

ANNA CONOMOS
An evening of stories and music with the UK’s master storyteller will be held at Humph Hall on Friday 15 February at 7:00pm. A Storytelling Workshop will be held on Sunday 17 February at 3:30pm-5:00pm

COME & TRY RUGBY LEAGUE
Forestville Ferrets Junior Rugby League Club and the Manly Warringah Sea Eagles are conducting a free “Come & Try Rugby League Clinic” in preparation for the 2013 season. The clinic will be held on Thursday 14 February from 4:00pm-5:00pm at Forestville Park, Forestville. Visit www.manlyjuniors.com.au for more information.